

## **Bio Data**

**Name: Dr Nilima Varma**

Designation: **Professor (Home Science)**  
Subject: Home Science [Food and Nutrition]  
Date of Birth: 11<sup>th</sup> August 1956  
Birth Place : Jabalpur(M.P)



### **Academic Qualification**

- Early Education 1972-Ist Div (Science)
- Higher Education 1975 Ist Div (Home Science)
- Higher Education 1977 Ist Div (Food and Nutrition)
- Ph.d -1990 (Food and Nutrition)
- **Gold medal in the year 1977( for highest marks )**
- **Awards**  
    **2001- Best Teacher Award(AIWC) on teachers day**  
    **2003- Chief minister for working in Prerna project**  
    **2005 – Best Performing Birder**  
    **2010 - Best Teacher Award (Lioness Club) on teachers day**

### **Service Period** ( Higher Education Department -Govt of M.P)

- Date of first appointment- 1/7/1979 till updated.
- Teaching Experience(U.G & P.G classes ) **35years**

### **Academic Participations**

- Presented Papers **35**
- **Papers Published:** **20**
- International conference **02**
- National Conferences: **20**
- National Seminars : **20**
- Workshops: **35 .**
- Refresher course **04**
- Resource Person : in **40** Institutions
- Books Published  
    Class XI NCERT 3 Theory 1996/2001  
    2 Practical 1997  
    PGDDTN & PGDPN (Theory & Practical)  
    IGNOU ( Training manual Vidisha project )  
    IGNOU ( Food Production in Hotels )  
    IGNOU ( Computer Application  
    **Consumer Today (subline publishers)**
- Ph.d Awarded to **07** Candidates
- Ph.d submitted for Viva **02**
- Research Scholars under guidance : **08** candidates.

## Projects Completed

- Two UGC Minor Project completed in
  - a. 2001
  - b. 2008

## Associated other Activities.

- Radio talks : 32
- Phone in Programme: 05
- T.V Program: One
- Academic Counsellor for DFSM (M.Sc) in IGNOU
- Course Coordinator in BHOJ open university for DNHE & PGDDTN
- Coordinator for ICER-07
- Coordinator for Geriatric care and housekeeping Nov 2012
- Coordinator IQAC cell of the college
- Coordinator Ph.D course work
- Coordinator IT cell
- State level member of nutrition review committee

## Membership

- Life member of HomeScience Association of India.
- Life member of Nutrition Society of India.
- Life member of International college of Nutrition.
- Life member of Indian Dietetics Association of India.
- Life Member of Association of foods Scientist and Technologist , India
- Life member of IAPEN society
- Life member of British Library Bhopal till Feb 2008
- Life member of Swami Vivekanand library 2009 till date
- Life member Red Cross Indian society
- Member Board of Studies (MLB College /Nutan college/ Raipur university/Bhoj university)
- Member of Central board of studies Barkatullah university

**Address :** Mailing Address - E-109/8 Shivaji Nagar, Bhopal  
Official address -Govt SNGGPG Girls P.G (Auto) Collage,Bhopal

E-Mail [varma-nilima2011@hotmail.com](mailto:varma-nilima2011@hotmail.com)

[nvarma44@gmail.com](mailto:nvarma44@gmail.com)

Telephone (O)0755 2552567

(R) 0755-2762879

Mob 9893014312

Signature

**Dr. Nilima Varma**

Professor (Home Science)  
Govt M.L.B Girls P.G(Auto.)  
College  
Bhopal(M.P)

