

ADEYEMI COLLEGE OF EDUCATION, ONDO
CURRICULUM VITAE

A. PERSONAL DATA:

1. NAME: BERNARD, Anthony Ekwutosi.
2. DATE AND PLACE OF BIRTH: 15th September, 1973, Ondo.
3. STATE OF ORIGIN: Enugu, Local Govt. Area: Aninri.
4. NATIONALITY: Nigerian.
5. MARITAL STATUS: Married.
6. NUMBER OF CHILDREN AND THEIR AGES: Three; 13yrs, 10yrs, 7yrs.
7. PERMANENT HOME ADDRESS: Block B Plot 10 Olu-falae Layout
Off Ajipowo, Akure.
8. NAME AND ADDRESS OF SPOUSE: Mrs. Bernard C.E.
Block B Plot 10 Olu-falae Layout
Off Ajipowo, Akure.
9. NAME AND ADDRESS OF NEXT OF KIN: Mrs. Bernard C. E.
Block B plot 10 Olu- falae Layout
Off Ajipowo, Akure.
10. DATE OF ASSUMPTION OF DUTY IN
THE COLLEGE: 7th October, 2009.
11. STATUS ON FIRST APPOINTMENT: Lecturer III
12. PRESENT POSITION: Lecturer II
13. DATE OF PRESENT APPOINTMENT: 1st October 2013.
14. DATE OF CONFIRMATION OF APPOINTMENT: 6th October 2011.
15. PRESENT SALARY: CONPCASS, 3 Step 4
16. SCHOOL: Science
17. DEPARTMENT: Physical and Health Education.
18. DATE OF ENTRY INTO PUBLIC OFFICE: 7th October, 2009.

B. EDUCATIONAL BACKGROUND:

1. Higher Educational Institutions Attended with Dates:

- a. Obafemi Awolowo University, Ife
Adeyemi College of Education, Ondo. 1997 – 2000.
- b. University of Ibadan, Ibadan 2002 – 2004.

2. Academic and Professional Qualifications with dates:

- a. West African School Certificate (WASC) 1993
- b. B.Ed: Physical and Health Education 2000
- c. M.Ed: Health Education 2004

3. Other Distinctions and Awards with Dates: Nil.

C. WORK EXPERIENCE:

1. Previous Work Experience outside the College:

- a. Classroom Teacher and Sports Master,
Alilak Grammar School, Ondo, Ondo State. 2002 – 2003
- b. Classroom Teacher and Sports Master, Adeyemi
Demonstration Secondary School, Ondo, Ondo State 2004 – 2009

2. Previous Work Experience in other University/Colleges:

- a. Assistance Lecturer, Federal College of Education,
Okene, Kogi State (N.Y.S.C). 2001 – 2002

3. Courses Taught Within the Current Academic Session (2014/2015):

- i. PHE 127: Anatomy and Physiology 11
- ii. PHE 222: Theory and Techniques of Athletics
- iii. PHE 228: Test and Measurement in PHE.
- iv. PHE 322: Theory and Techniques of Table Tennis.
- v. PES 119: PHE Curriculum in Primary Schools.
- vi. PHE 114: Health and Illness Behaviour.
- vii. PHE 202: Skill Development and Techniques in Games and Sports
- viii. PHE 214: Food and Nutrition
- xi. PHE 406: Skill Development and Techniques in Games and Sports vii.
- x. PHE 414: Analysis and Evaluation of Physical Fitness.

4. **Graduate Study Supervision:** Nil.

5. **Details of Professional Experience indicating levels of responsibilities with dates:**

- a. Assistant Lecturer (N.Y.S.C), Federal College of Education, Okene.
Kogi State 2001- 2002
- b. Physical and Health Education teacher and Sports Master,
Alilak Grammar School, Ondo, Ondo State. 2002 - 2003
- c. Physical and Health Education Teacher and Sports Master,
Adeyemi Demonstration Secondary School Ondo, Ondo State. 2004– 2009
- d. Lecturer, Physical and Health Education Department
Adeyemi College of Education Ondo, Ondo State 2009 till date.

D. MEMBERSHIP OF PROFESSIONAL BODY:

- i. Member, Teacher Registration Council of Nigeria (**TRCN**).
- ii. Member, Nigeria Association of Health Educators (**NAHE**)
- iii. Member, Association of Physical and Health Education, Recreation, Sports and Dance (**APHER-SD**)
- iv. Member, Association For Encouraging Qualitative Education In Nigeria (ASSEQEN)

E. PUBLICATIONS

1. Theses / Dissertations:

- (a) Bernard A.E (2000).Causes of violence in Sports in Ondo West Local Government Area of Ondo State. *Unpublished (B.Ed) Research Project*. Adeyemi College of Education, Ondo.
- (b) Bernard A.E (2004).Determinants of drug abuse among students of Adeyemi College of Education Ondo. *Unpublished (M.Ed) Thesis University of Ibadan*, Ibadan.

2. Books / Monographs:

- (a) Authored Books: Nil
- (b) Edited Books: Nil
- (c) Contributions to Books:

- i. Oloyede, R.O and **Bernard, A.E** (2010). Communication Strategies and Sports participation in Nigeria. In Oloyede R.O (Ed). *Contemporary Issues in Science and Science Education*. Ondo. Crofes Printing Press, 40 – 49.

- ii. **Bernard, A.E** and Oloyede, R.O (2010). Introduction to Human Anatomy. In Oloyede R.O (Ed), *Contemporary Issues in Science and Science Education*. Ondo. Crofes Printing Press. 23 – 39.
- iii. Akinbile, P.O. and **Bernard, A.E.** (2011). Human Sexuality: The Challenges of our Time. in Nwankpa A. C, Tony, I. & Akinbile, P.O. (Eds). *Meeting The Challenges In Science Education*. Ondo. Grace Excellent Publishers. 1(1) 1-11.
- iv. Akinbile, P.O and **Bernard, A.E** (2011). The Development of Sports in Nigeria through Sports Marketing. In Nwankpa A.C, Tony, I. & Akinbile, P.O. (Eds). *Meeting the Challenges in Science Education*. Ondo. Grace Excellent Publishers. 1(1) 94-103.
- v. Oloyede, R. O, Adelusi, J.O Akinmusere, A.K and **Bernard, A.E** (2011). Problems of Sports Development In Nigeria. In Stephen O, Emma, C.O. & Ajaegbo, D.I. (Eds). *Issues and Challenges in Nigerian Education in the 21st Century*. 2: 180- 204.
- vi. Akinbile P.O **Bernard A.E** and Adelusi J.O (2012). Older Adults and Healthy Sexuality. In Helen O. O, Olawale A.O, and Deborah A.E (Eds). *The Adults and Aged In Nigeria Issues and Researches*.

3. Published Journals:

- i .Akinbile, P.O and **Bernard, A.E** (2010). Prospects and challenges of family life education in a democratized Nigeria. *South-West Journal of Teacher Education (SOWEJTED)*. 3. 283-295.
- ii. Akinbile, P.O and **Bernard, A.E** (2010). Health Education and Behaviour Change Communication as Tools for Behavioural Change in the 21st Century. *International Journal of Contemporary Issues in Education*. Special Edition, 2: 170 – 175
- iii. Adelusi, J.O and **Bernard, A.E** (2011). Parenting Adolescents in relation to behavioural modification; Health Education perspective. *Journal of Teacher Education* 11(1) 125 – 133.
- iv. **Bernard, A.E**, Adelusi J.O. and Akinmusere A.K. (2011). Enhancing Sports Performance Through Modern Technology. *Journal of Science and Science Education*. 2(1) 107-111.
- v. Oloyede, R.O and **Bernard, A.E** (2011). Situational Factors Influencing Aggressive Behaviour among Players in Nigerian Colleges of Education Games. *Journal of Science and Science Education*. 2(1) 34-37.
- vi. Adelusi J.O, Akinmusere A.K and **Bernard, A.E** (2011). Perceived effects of Recreational Activities on the Health of Nigerian Students. *Journal of Research in Education, Science, Technology and Humanities. (JORESTH)*. 1(1)
- vii. Akinbile, P.O **Bernard, A.E** and Adelusi, J.O (2011). The role of health and family life Education in curbing sexual risky behaviour among Adolescents. *Journal of Nigeria Association for Physical, Health Education, Recreation, Sports and Dance* 2(1) 8 - 19.
- viii. **Bernard, A.E** (2011). Health Education: Prospects and Challenges in the 21st Century. *Journal of qualitative Education*. 8(1).

- ix. Akinbile P.O, **Bernard A.E** and Adelusi J.O (2012). Environmental Pollution and ozone Depletion; Challenges to the School Health Educators. *Journal of Science and Science Education Ondo*. Vol. 3(1) Pp 44-50
- x. **Bernard, A. E**, Akinbile P. O, and Fatoba, M.T. (2013). Aging Gracefully Through Physical Exercises. *Journal of Sports Management and Educational Research (JOSMER)* Vol.3 No.1.
- xi.*** Adelusi J.O, Akinbile P.O and **Bernard A.E** (2013). Modern Technology and Waste Management: Individuals Becomes Healthier. *Journal of Science and Science Education Ondo*. Vol 2(1). Pp 1-8.

4. Manuscripts Accepted for Publication:

- i. **Bernard, A. E**, Oloyede R.O, Adelusi J.O and Akinmusere A.K (2015) Damaging Influence of Poverty on Health. *Journal of Teachers Education Adeyemi College of Education Ondo*.
- ii. Adelusi J.o, Akinmusere A.K, and **Bernard A.E** (2015). Ergogenic aids and abuse of scientific innovation in the field of sports. *Journal of Research in Education Science, Technology and Humanities (JORESTH)*

5. Manuscripts Submitted for Publication:

- i. **Bernard A.E** and Adelusi J.O (2015). Preventing and reducing teenage pregnancy through Health and Family Life Education. *Multidisciplinary Journal of Research Methods*

6. Technical Report:

N.A.

7. Papers and work in preparation:

- a. *Women battery: causes and effects in parenting.*

F. CONFERENCES ATTENDED AND PAPERS PRESENTED:

- 1. 2010 National conference on the Adult and the Aged in Nigeria held at the Conference centre University of Ibadan between 26th – 29th May 2010.

PAPER PRESENTED: Akinbile P.O, **Bernard, A.E** and Adelusi J.O (2010). Ageing and Sexuality with Older Adult.

- 2. 2010 International conference on Transformative Education held at the Institute of Education. Obafemi Awolowo University Ile Ife between 10th – 13th June 2010.

PAPER PRESENTED: Akinbile P.O and **Bernard, A.E** (2010). Health Education and Health Practices as tools for behavioural change in the 21st century.

- 3. 2010 National Conference of COEASU south – West Zonal congress held at Adeyemi College of Education Ondo between 5th -8th July 2010.

PAPER PRESENTED: Akinbile P.O and **Bernard, A.E** (2010) Sex and Family life Education: Its Prospects and challenges in a democratized Nigeria.

- 4. National Conference of School of Science held at Adeyemi College of Education between 1st and 5th November 2010.

*** Paper published after last promotion.

PAPER PRESENTED: Adelusi, J.O **Bernard, A.E.** and Akinmusere, A.K (2010) Revolutionizing Sports Through Technology.

5. National Conference of School of Science held at Adeyemi College of Education between 1st and 5th November 2010.

PAPER PRESENTED: Oloyede R.O and **Bernard, A.E** (2010) situational factors influencing aggressive behaviour among players in colleges of Education games.

6. 7th Annual Conference of the Association for Encouraging Qualitative Education in Nigeria (ASSEQEN) held at Federal College of Education Osiele-Abeokuta between 9th -13th May 2011.

PAPER PRESENTED: **Bernard, A.E** (2011): Health Education: Prospect and Challenges in the 21st Century.

7. Annual National Conference of School of Science held at Adeyemi College of Education Ondo. Between 1st- 4th November 2011.

PAPER PRESENTED: Akinbile P.O, **Bernard, A.E** and Adelusi J.O (2011): Environmental Pollution and ozone depletion: Challenges to the School Health Educator.

8. Annual National Conference of School of Science held at Adeyemi College of Education Ondo between 1st- 4th November 2011.

PAPER PRESENTED: Adelusi J.O, Akinbile P.O and **Bernard, A.E** (2011): The Role of Modern Technology in Waste Management.

9. Nigeria Colleges of Education Games Association (NICEGA) 5th National Conference held at Asaba between 29th August – 1st September 2012.

PAPER PRESENTED: **Bernard A.E** Akinbile P.O and Fatoba M.T (2012) The role physical activities in healthy aging.

10. Annual National Conference of School of Science (ANCOSOS) held at Adeyemi College of Education Ondo between 19th – 22nd November, 2012.

- 11.*** Annual international East African Multidisciplinary Research Conference (EAMARC1) held between 12th – 14th November 2013 in Nairobi Kenya.

PAPER PRESENTED: **Bernard A.E,** Akinbile P.O and Adelusi J.O (2013): Determinants of Drugs Abuse Among Colleges of Education Students In South-West Nigeria.

- 12.*** Annual Conference of School of Science (ANCOSOS) held at Adeyemi College of Education Ondo between 4th-7th November 2013.

PAPERS PRESENTED:

- a. Adelusi J.O Akinmusere A.K, **Bernard A.E** and Oluwadare S.O (2013) Health Education; A Panacea to effect Changes in Health-risk Behaviours in a Pluralistic Society.
- b. Oloyede R.O, Adelusi J.O, Akinmusere A.K, **Bernard A.E** and Oluwadare S.O (2013). Sports as a tool for unity and peaceful co-existence among people in a pluralistic world.

*** Conferences attended with papers presented after promotion.

13*** Annual National Conference of Guild of Contemporary Academics Researchers held between 8th – 10th September 2014 at UNIOSUN Osun State

PAPER PRESENTED:

Bernard A.E, Adelusi J.O and Akinmusere A.K (2014). Preventing and reducing Sports teenage pregnancy through effective Health and Family Life Education.

14*** 6th National Conference of Academic Staff Union (COEASU) South-West zone held at Kwara College of Education Ilorin between 10th -13th November 2014.

PAPER PRESENTED;

Bernard A.E (2014). Sports as a tool for promoting peace and good governance.

15*** Annual Conference of School of Science (ANCOSOS) held at Adeyemi College of Education Ondo between 10th -13th November 2014.

PAPER PRESENTED:

Bernard A.E and Usamah C.B (2014). Determinants of herbal acceptability among health practitioners in Ondo West metropolis.

G. PROFESSIONAL ACCOMPLISHMENT:

I. NECO Examiner 2001 till date.

H. CURRENT RESEARCH ACTIVITIES

i. Predictors of rape among students of Adeyemi College of Education, Ondo.

I. EXTRA CURRICULAR ACTIVITIES

1. Service within the College

i. Lecturer,N.C.E sandwich programme Adeyemi College of Education. 2009 till date.

ii. Examination Officer, Department of Physical and Health Education. 2010 till date.

iii. Supervisor: Physical Fitness Centre Adeyemi College of Education
Ondo. 2010 till date.

iv. Staff Adviser: Department of Physical and Health Education Adeyemi
College of Education Ondo. 2009 till date..

v. Invigilator: Post-Jamb examination Adeyemi college of Education. 2010 till date..

vi. Associate lecturer, Primary Education studies Department
Adeyemi College of Education. 2010 till date..

v. Member: Conference Committee School of Science Adeyemi College
of Education 2011 – 2013.

vi. Secretary: Welfare Committee School of Science Adeyemi College
Of Education Ondo. 2013 till date..

***Conferences attended with papers presented after promotion

vii. Financial Secretary: Colleges of Education Academic Staff Union

Union Adeyemi Chapter

2013 till date.

2. Service outside the College

Nil.

J. ANY OTHER RELEVANT INFORMATION

Processing of Ph.D. Admission in the Department of Human Kinetics and Health Education, University of Ibadan. Ibadan.

Signature:.....

Date:.....

GSM No. : 08132882589